



## **POST-OPERATIVE INSTRUCTIONS TO PARENTS OF CHILDREN WHO HAVE RECEIVED SEDATION FOR DENTAL TREATMENT**

### **ACTIVITIES**

Your child should be closely monitored by a responsible adult for the remainder of the day to ensure that there is no difficulty breathing.

LOOK – for chest rising, skin tone retaining its natural colour

LISTEN – for breathing sounds, any unusual snoring

FEEL – for breathing coming out through nose or mouth

Your child must rest at home and is NOT ALLOWED to ride a bike or play outside for the remainder of the day.

### **DRINKING AND EATING**

To prevent dehydration, after your child has been discharged from the recovery room, give the child some fluids. Start with a small cup and proceed with more if your child can keep down the fluids. Soft foods (lukewarm) may be taken when desired.

### **SEEK ADVICE**

1. If there is any difficulty breathing
2. If nausea & vomiting persists beyond 4 hours or child cannot keep fluids down.
3. If your child still feels dizzy or drowsy 6-8 hours after treatment.
4. If any other matter causes you concern

### **BEFORE 4:00 PM**

Contact our office at 905-257-1234

### **AFTER 4:00 PM**

Contact Dr. Vasudeva at 416-235-7030

Contact the nearest hospital emergency clinic or

Contact the Hospital for Sick Children at 416-813-7500